

131 Port Watson Street, Cortland New York 13045

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**Confined Space & Competent Person Training**

 **Contact Hours DOH Contact Hours DEC**

**7:30 – 8:00 AM**  **Registration, Coffee and Donuts**

**8:00 – 9:30 AM** **Power Point Slides on Confined Space**

 Attendant, Entrant, Case Studies, For Supervisors

Break

**9:45 – 11:15 AM** **Hands-on Demonstration**

Permit Required Entry Form, Air Quality Testing, Ventilation and Recording Information, Tripod, Harness, and Retrieval, Entry Form Closeout

**11:15 AM – 12:15 PM** **Lunch Provided by W2O**

**12:15 – 1:15 PM Power Point Slides on Trenching, Competent Person**

Case Studies, Soil Demonstration, Discussion

Break

**1:30 – 3:30 PM** **Hands-on Demonstrations**

Excavation Techniques, Shoring Boxes, Ladders and Placement, Work Zone Protection, Worker and Pedestrian Safety

Course Date: **October 17, 2025**

**Registration Form**

**Name:** **NYSDOH #**

**Organization:** **NYSDEC #**

**Billing Address:**

**E-mail:** **Phone #**

Credit Card #

Expiration Date: 3-Digit Code (from back)

Payment: **$125.00** [ ] Check [ ] Cash [ ] Voucher [ ] Credit Card